

Wednesday 2nd April 2014 is World Autism Awareness Day



Join in the fun with The National Autistic Society on Onesie Wednesday[®] and help us spread the message that it's okay to be different!

Onesie Wednesday[®] was created to encourage people in England, Wales and Northern Ireland to show their support for anyone on the autistic spectrum. By wearing a onesie or your pyjamas you're saying "it's alright to be different" which is just what we believe.

What initially started as an internal staff fundraiser has now become a national campaign involving supporters, schools, universities and hopefully the odd celebrity or two...

We're hoping not only to raise some much needed funds for our local branch, but also to raise awareness of a condition that is still relatively unknown and misunderstood by many.

There are many ways in which you and your family, friends and colleagues can get involved on Onesie Wednesday[®]. Here are just a few ideas:

- Hold a *wear-a-onesie to work or school* day
- Hold a *wear-a-onesie* photo competition with a prize for the most interesting activity completed while wearing a onesie!
- Hold a bake sale using Jane Asher's recipe for onesie gingerbread men
- Have a design your own onesie competition

We would love to hear from you and help you spread the word about what you are planning to do to raise awareness of autism in Guernsey. Contact us via email info@nasguernsey.com for more details, posters, recipes, balloons and sponsorship forms.

